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### SMS Communication Opt In/Out Form

Here at Platte Valley Chiropractic & Functional Medicine we have the option to send text message reminders for your appointments. This is an optional service that is free for you to participate in. Using this form you can indicate whether you want to participate in this program or not. Our full privacy policy and SMS communication policy is available on our website: <https://kearneywellness.org/privacy/>

By checking the opt-in box and signing this form you agree to receiving SMS from Platte Valley Chiropractic & Functional Medicine for appointment reminders and promotional offers. Msg Freq.

Varies. Msg & Data Rates may apply. You may opt out at any time by replying stop. No Mobile information will be shared with third parties/affiliates for marketing/promotional purposes at any time.

- Opt-In: Yes, I want to receive appointment reminders via SMS Text messaging
  
- Opt-Out: NO, I do not want to receive SMS Text messages from Platte Valley Chiropractic & Functional Medicine.

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Signature

\_\_\_\_\_  
Date